

Create Your Own CARE KIT

THINGS TO CONSIDER

- For people experiencing homelessness, a care package is more than just a bag containing the items they need the most... It's also a symbol of hope and a way to let them know that someone cares!
- Put personal care items in a separate Ziploc bag so your food items won't smell of soap.
- As you pray about who to give your blessing bag too, remember to include a warm smile. Every act of kindness makes a difference.

RECOMMENDED

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| ☐ Water Bottle | ☐ Non Perishable Food Item(s) | ☐ Gallon Ziploc Bags |
| ☐ Toothbrush | ☐ Wet Wipes | ☐ Chapstick |
| ☐ Toothpaste | ☐ Wash Cloth | ☐ Note of Encouragement |
| ☐ Warm Socks | ☐ Bandages (Assorted) | |

PERSONAL CARE

- ☐ Shampoo
- ☐ Conditioner
- ☐ Deodorant
- ☐ Lotion
- ☐ Comb
- ☐ Bar Soap
- ☐ Tissues
- ☐ Dental Floss
- ☐ Deodorant
- ☐ Nail Clippers
- ☐ Cotton Swabs
- ☐ Baby Wipes
- ☐ Face Towel
- ☐ Toiletpaper Roll (Wrapped)

FOOD ITEMS

- ☐ Beef Sticks
- ☐ Tuna
- ☐ Cracker Packs
- ☐ Peanut Butter
- ☐ Trail Mix
- ☐ Hot Cocoa
- ☐ Cup Noodles
- ☐ Instant Oatmeal
- ☐ Protein Bars
- ☐ Raisins/Dried Fruit
- ☐ Apple Sauce
- ☐ Dry Cereal
- ☐ Fruit Snacks
- ☐ Pudding Cups
- ☐ Chewable multivitamins

ACCESSORIES/EXTRAS

- ☐ Warm Gloves
- ☐ Ziplock Bags
- ☐ Hand Warmers
- ☐ Flashlight
- ☐ Utensils
- ☐ Sunscreen
- ☐ Rain Ponchos
- ☐ Sewing Kits
- ☐ Local Gift Cards
- ☐ Cough drops
- ☐ Small First Aid Kit
- ☐ Maxi pads